



*We light a light
In the name of God who creates life
In the name of the Savior who loves life
In the name of the Spirit who is the fire of life*

*Musical Reflection ~ [Come and Find the Quiet Center](#)
by Fran McKendree*

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires. So get rid of all the filth and evil in your lives, and humbly accept the word God has planted in your hearts, for it has the power to save your souls. But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.

~James 1:19-22

O Holy One,
I hear and say so many words,
yet yours is the word I need.
Speak now,
and help me to listen;
and, if what I hear is silence,
let it quiet me,
let it disturb me,
let it touch my need,
let it break my pride,
let it shrink my certainties,
let it enlarge my wonder.

~ written by Ted Loder

Musical Reflection ~ [Breathe on Me, Breath of God, by Larry Hall, There Is Sunshine in My Soul, Take Time to Be Holy, by Lyle K Hadlock; From the Ground Up by Sleeping At Last, .](#)

Please turn over.....

Come, Lord Jesus,
touch me
 with love, life-giving as light,
to quiet my anger a little
 and gentle my desperation,
to soften my fears some
 and soothe the knots of my cynicism,
to wipe away the tears from my eyes
 and ease the pains in my body and soul,
to reconcile me to myself
 and then to people around me,
 and then nation to nation,
that none shall learn war any more,
 but turn to feed the hungry, house the homeless
 and care compassionately for the least of our brothers and sisters.
Reshape me in your wholeness to be a healing person, Lord

...
Come, Lord Jesus,
startle me
 with your presence, life-sustaining as air,
to open my heart
 to praise you,
to open my mind
 to attend to you,
to open my spirit
 to worship you,
to open me
 to live my life as authentically and boldly as you lived yours.

Come, Lord Jesus,
be with me
 in my longing;
come, stay with me
 in my needing;
come, go with me
 in my doing;
come, struggle with me
 in my searching;
come rejoice with me
 in my loving.

~ "Gentle My Desperation" written by Ted Loder

Closing Musical Reflection ~ [Oh, the Deep, Deep Love of Jesus](#) written by Audrey Assad

Song playlist on Spotify "[Contemplative Heart](#)" by Ninabeth Metcalf